

Winnipeg EMDR Training

EMDRIA-Approved courses offered by: *Fraser Training*

Part One: April 15-18, 2010 Part Two: June 6-8, 2010

Sponsored by the Aulneau Renewal Centre.

Add joy, hope and optimism to your clinical practice. Expect exceptional treatment outcomes—see your clients transform their lives. Look forward to going to work every day. No compassion fatigue...

www.BarbaraHorne.ca

WHAT IS EMDR?

EMDR is an evidence-based psychotherapy approved by international health and government regulatory bodies throughout the world as an effective and efficient therapy for the permanent elimination of the symptoms of stress and trauma. It is highly-rated for its efficacy with PTSD by (among others):

- The American Psychiatric Association (2004)
- The US Department of Defense/Veterans Affairs (2004)
- The International Society for Traumatic Stress Studies (2000)

WHY INCLUDE EMDR IN YOUR REPERTOIRE?

FOR YOU, AS THE CLINICIAN:

- No compassion fatigue—you'll know your clients' lives will improve;
- Joyful, hopeful and invigorating work;
- The profound privilege of witnessing your clients' own healing, and
- Enriched, respectful therapeutic relationships.

FOR YOUR CLIENT:

- Comprehensive resolution of past traumas;
- Elimination of present day triggers;
- Increased confident, adaptive daily living;
- Hope for the future, and
- Profound knowledge of their own healing power.

WHAT'S INVOLVED IN FRASER TRAINING'S EMDRIA-APPROVED BASIC EMDR COURSES?

EMDRIA-Approved Basic EMDR Training is open to clinicians holding a Masters-level (or higher) education in a counselling field. Membership in a professional association with a Code of Ethics and sanctioning ability is also required.

There are three steps to completing *Fraser Training's* Basic EMDR Training:

- Part 1: 3½ days (15 didactic hours; 12 practicum hours)
- Part 2: 3 days (15 didactic hours; 8 practicum hours)
- Consultation: 10 hours with an EMDRIA-Approved Consultant

Established in 1999, *Fraser Training* has an excellent track record for producing confident EMDR clinicians. Now under the direction of Barbara Horne MASc, RMFT, *Fraser Training* offers regularly scheduled courses in Eastern and Central Canada. We are always looking to expand into other city centres. We also now offer French-language courses, under the direction of our new instructor, Philippe Gauvreau PsyD (www.PGauvreauPsy.com).

WHY CHOOSE FRASER TRAINING?

- Training in English or French (Formations en français);
- Small experiential courses (maximum 30);
- Course held at the Aulneau Renewal Centre;
- Individual attention;
- Group cohesion and peer support;
- Complete course materials are included in course fee;
- Required consultation hours included, and
- Payment plan available.

FOR MORE INFORMATION OR TO REGISTER:

Barbara Horne MASc, RMFT, EMDRIA-Approved Consultant & Trainer www.BarbaraHorne.ca , Tel 905-687-686

The Provider maintains full responsibility for this Basic EMDR Training