



# FEBRUARY IS PSYCHOLOGY MONTH

## **Spirituality, Psychology and Physical Health: What Does the Research Tell Us?**

February 17, 2015  
6:30 – 8:00 pm

Presented by  
**Ms. Clove Haviva**

Millennium Library  
Buchwald Room  
251 Donald St.

**This is a free talk open to the general public**

# **MIND YOUR MENTAL HEALTH**

[mymh.ca](http://mymh.ca)