

Annual General Meeting, March 21, 2016

AGENDA

1. Adoption of Agenda
2. Adoption of Minutes of March 23, 2015 AGM
3. President's Report
4. Treasurer's Report
 - 4.1 Acceptance of financial statement
 - 4.2 Approval of 2015 Budget
5. Executive Director's Report
6. Adoption of other Board Reports (omnibus motion):
 - Membership
 - Public Education/Communications
 - Continuing Education
 - Business of Practice
7. Nominations/Election of Board of Directors
8. Adjournment

The Business Meeting will be followed by a Town Hall discussion regarding MPS initiatives.

AFFILIATIONS

AGM 2015 Minutes

March 23, 2015, 6:30 pm to 7:15 pm

Dr. Andrea Piotrowski, President, called the meeting to order at 6:30 pm.

1. Adoption of Agenda: Dr. Rehman Abdulrehman moved to adopt the agenda as presented; seconded by Dr. Pam Holens. Carried.

2. Greetings: Ms. Fran Schellenberg, Executive Director at Manitoba Health, Healthy Living and Seniors, Mental Health and Spiritual Health Care.

3. Adoption of Minutes: Dr. Bruce Tefft moved to adopt the minutes from the AGM of March 24, 2014; seconded by Dr. Gary Shady. Carried.

4. President's Report: Presented by Dr. Andrea Piotrowski (see mps.ca under AGM Reports).
Dr. Andrea Piotrowski moved to accept the President's Report as presented; seconded by Dr. Lorraine DeWiele. Carried.

5. Treasurer's Report: Presented by Dr. Len Greenwood, Acting Treasurer (see mps.ca under AGM Reports).
There were no questions from the floor on the 2014 financial statement.
Dr. Len Greenwood moved to accept the statement as presented; seconded by Dr. Lesley Ritchie. Carried.
There were no questions from the floor about the 2015 budget.
Dr. Len Greenwood moved that the 2015 budget be accepted; seconded by Dr. Pam Holens. Carried.

6. Executive Director's Report: Presented by Dr. Teresa Sztaba.
Bruce Tefft made a motion to accept the report as read; seconded by Dr. Jeffrey Harvey. Carried.

7. Adoption of Board Reports: Dr. Bruce Tefft made an omnibus motion to accept the following reports: Membership, Public Education/Communications, Continuing Education, and Business of Practice, as prepared; seconded by Dr. Alan Slusky. Carried.

8. Nominations/Election of Board of Directors:

The Executive Director conducted the election of board members. Nominations from the floor were requested and none were made.

Dr. Len Greenwood moved that nominations be closed; seconded by Dr. Jennifer Laforce. Carried.

Dr. Rehman Abdulrehman made a motion to elect Dr. Colleen Murphy as a new member on the board; seconded by Dr. Lesley Ritchie. Carried.

Dr. Vivienne Rowan made a motion to accept the proposed slate for 2015-2016 (see mps.ca under AGM Reports); seconded by Dr. Lesley Ritchie. Carried.

Dr. Pam Holens made a motion to elect Dr. Andrea Piotrowski as president elect; seconded by Dr. Rehman Abdulrehman. Carried.

9. Adjournment: At 7:15 p.m., Dr. Lesley Graff moved that the meeting be adjourned; seconded by Dr. Pam Holens. Carried.

Respectfully submitted by Heidi Tucker, March 23, 2015.

AGM 2016

President's Report



At our annual Strategic Planning session in September we recognized the tremendous opportunity for MPS to encourage all political parties to endorse the importance of increasing access to mental and behavioural health resources (including access to psychologists) on their political platforms. At the time of our planning, we considered current trends in mental and behavioural health across Canada and specifically in Manitoba. Two population groups that are receiving attention by funding sources are children/youth and families, and seniors. In addition, we continue to advocate for the integration of psychologists in Primary Care. In addition to these areas, many other opportunities for working with government and other key stakeholders occurred throughout this year. The following report outlines only some of the work done by the board.

Outreach

MPS recognizes that collaborating with other organizations and associations results in a stronger voice in support of increasing access to services for all Manitobans. Over the past year, we have continued to meet with various key stakeholders and we have developed relationships with new groups.

- Dr. Pam Holens, Dr. Leonard Greenwood, and I have met with members of the Crisis Response Management Team of the Winnipeg Fire and Paramedic Service to discuss collaborations between WFPS and MPS. This group recognizes the need for increased access to psychologists, particularly to psychologists who have experience working with first responders. We also met with Vince Savoia, the Founder and Executive Director of The Tema Center Memorial Trust (based on Toronto), Canada's leading provider of peer-support, family assistance, and training for public safety and military personnel dealing with Operational Stress and PTSD.
- Dr. Teresa Sztaba and I met with Dr. Tamara Buchel, the Executive Director of the Manitoba College of Family Physicians, to discuss opportunities for psychologists and family physicians to work together in various capacities. MPS has been invited to present to family physicians about psychologists (i.e., What does a psychologist do? When is a referral to a psychologist warranted? How does one refer to a psychologist?) in the spring of 2016.
- Dr. Teresa Sztaba and I had several meetings with the Executive Director of Primary Care and the Executive Director of Mental Health and Spiritual Care with Manitoba Health. These meetings have led to an invitation for MPS to be involved in several important initiatives in the near future.

- Dr. John Service (former Executive Director of the Canadian Psychological Association) and I met with the Minister of Healthy Living and Seniors, Deanne Crothers, to discuss various models of healthcare and opportunities for psychologists to work with other professionals to provide better services to all Manitobans.
- I was invited by the office of the Minister of Healthy Living and Seniors to attend a Press Conference to kick off Mental Health week. It was announced that the government has allocated \$2 million for child and youth mental health.
- Dr. Jon Gerrard, on behalf of the Manitoba Liberal Party, again raised the issue of access to psychological services in Question Period, on numerous occasions throughout the year. He has consulted with MPS to obtain information related to psychological services.
- MPS is a non-partisan organization and we have requested meetings with all political parties to discuss the mental and behavioural health needs of Manitobans and psychology's role in helping to improve access.
- Dr. Moira Somers has participated on the Workplace Psychological Health and Safety Advisory Group chaired by Manitoba Health and SAFE Work Manitoba.
- Dr. Teresa Sztaba and I met with Bill Tholl, Founding President and CEO of HealthCareCAN (formerly the merged Association of Canadian Academic Healthcare Organizations and the Canadian Healthcare Association) to discuss leadership and strategies in advocating for increasing access to psychological services.
- On behalf of MPS, I was invited to participate in round table discussions with government and other key stakeholders regarding the mental health needs in Canada. This event was hosted by the Mental Health Commission of Canada and the content of the all discussions occurring across the country will be compiled into a document.
- Dr. Teresa Sztaba, Dr. Colleen Murphy, and I have attended events hosted by the Canadian Mental Health Association.
- Dr. Colleen Murphy and I attended a public forum hosted by the Schizophrenia Society of Manitoba.
- Dr. Jo Ann Unger and Dr. Colleen Murphy are representing MPS on the Manitoba Mental Health Alliance and are joined by various peer support associations, such as the Canadian Mental Health Association (CMHA), the Anxiety Disorders Association of Manitoba (ADAM), the Schizophrenia Association, and the Mood Disorders Association.
- Dr. Jo Ann Unger and Dr. Bruce Tefft represented MPS at Recovery Working Days with Dr. Mike Slade, hosted by Manitoba Health.
- Dr. Pam Holens and other experienced psychologists who treat individuals diagnosed with PTSD commented on the Stakeholder Consultation Document: Amending the Workers Compensation Act to Provide Presumptive Coverage for Post-Traumatic Stress Disorder.
- Dr. Alicia Ordonez facilitated two separate focus groups with the Hispanic community and with the deaf community to learn about their experiences with access to and interactions with psychologists.

MPS and Syrian Refugees

Following the federal election, the Prime Minister's Office agreed to welcome 25,000 Syrian refugees to Canada. This initiative is relevant to psychologists because the federal government announced that Syrian refugees will be eligible to receive funding for ten sessions of psychotherapy from registered psychologists. MPS has been working closely with Manitoba Health and other key stakeholders to identify services, resources, and pathways to care for refugees.

Given the importance of these services, MPS has facilitated a number of initiatives to better equip MPS members in offering services to Syrian refugees, including:

- Sponsoring a 6-hour workshop on Cultural Competency
- Providing links to a list of resources and webinars directed at psychologists interested in providing culturally competent care to diverse groups (compiled by the Canadian Psychological Association)
- Providing information on the process to be recognized by Medavie Blue Cross as a registered provider
- Adding 'Immigrants and Refugees' to the Referral Directory Search Options (Populations, Areas of Expertise)
- Working with Manitoba Health to identify a user-friendly way for psychologists to access interpreters for sessions
- Chairing a working group and collaborating with the Department of Clinical Health Psychology, the WRHA Child and Adolescent Treatment Service, and other key stakeholders to identify appropriate pathways to mental health care

Representation on National Associations

I continue in the position as the Chair of the Council of Professional Associations of Psychologists (CPAP) and the Practice Directorate (Canadian Psychological Association (CPA)). In these roles, I also sit on the board of CPA, on the Professional Affairs Committee (CPA), and on the Professional Liability Insurance Steering Committee.

As you know, CPAP (i.e., whose members include all the provincial/territorial fraternal associations of psychologists) and CPA are the sponsors of the BMS Insurance Program. We are very excited to be moving to a Professional Model which, over the next few years, will result in a surplus of funds to be used for designated purposes, including direct support to the program (e.g., premium reductions), investments in risk management activities (e.g., workshops, webinars), and other expenses related to the management of the program (e.g., legal fees related to the program). I was involved in the review of the products offered by insurance markets with CPA and our insurance broker, BMS. The number of members in this program continues to grow and we are pleased with the excellent benefits of the program and the ease with online or telephone renewal. All insured members will be receiving renewal notices shortly.

The Practice Directorate is comprised of CPAP members, though it falls under the umbrella of CPA. The Practice Directorate hosted a leadership conference on January 15 and 16, 2016 in Ottawa and funding was allocated to each association to invite additional board members to participate. Dr. Teresa Sztaba and Dr. Colleen Murphy (Member-at-Large, MPS) joined me at this conference. This conference was facilitated by the Advocacy School

and focused on various aspects of leadership, including influencing public policy and policy engagement, developing an appropriate 'ask,' learning about strategic inquiry, and developing a compelling narrative. The content of this conference was excellent and we have already used strategies and templates in our government advocacy in Manitoba. As a follow-up to the conference, a number of board members will be participating in a webinar on 'Strategic Inquiry.'

Additional contributions that resulted in my role as the Chair of the PD included writing a commentary in *Journal Santé Mentale au Québec* based on my presentation at a conference focused on "Improving Access to Psychotherapy across Quebec and Canada" and joining Dr. Maxine Holmqvist (MPS member) as a co-guest editor for a Special Issue of *Canadian Psychology* entitled, "PSYCHOLOGY IN CANADA: OPPORTUNITIES AND CHALLENGES."

Over the next year, the PD will be participating in a strategic planning session to review its mandate and terms of reference and to identify initiatives that would benefit most (if not all) fraternal psychology associations across Canada. We are currently in the process of interviewing for a psychologist Director position for the PD and we hope that this individual will be able to coordinate these initiatives and support the excellent advocacy work being done across the country.

MPS was also represented at the American Psychological Association Practice Organization's State Leadership Conference in Washington, DC from February 26 – March 1. Dr. Teresa Sztaba, Dr. Jeffery Harvey (Communications Director), Dr. Alicia Ordonez (Diversity Representative), and I had an opportunity to network with and learn from psychology associations across Canada and the United States. The seminars focused on building stronger associations and innovative strategies to advocate for psychologists and psychological services.

Acknowledgements

More than ever, it is because of the board's dedication that MPS is being invited to meetings with government and other key stakeholders. This board is proud to be the voice of psychology in the province and grateful that the members have entrusted such an important role to this group. Personally, I would like to thank the entire board for their tireless efforts in promoting access to psychology and in educating the public and professionals about the role of the psychologist.

I would like to congratulate Dr. Lesley Ritchie (Director of Continuing Education) and her husband on the birth of their daughter, Kensington. Even during her maternity leave, Lesley has organized two MPS workshops. Dr. Lisa Thouas (Member-at-Large) and Ms. Julie Erickson (Student Director) have improved communication by sending out eblasts to inform members of MPS activities as well as articles and resources that might be of benefit to psychologists. Dr. Jeff Harvey has organized Psychology Month activities, served as a media liaison, and continues to organize public presentations for 'Psychology Year.' There are exciting events planned for 2016!

Dr. Moira Somers has participated on an advisory committee with Manitoba Health, organized the Cultural Competency workshop, and continues to be available to help with initiatives as they arise. Dr. Alicia Ordonez's important work in conducting focus groups with the Hispanic and deaf communities was recognized by the APA Practice Organization and she was invited to participate as a Diversity Representative at the State Leadership Conference in Washington. Dr. Jason Ediger continues to provide valuable input and ideas at our board meetings. As our secretary, Dr. Pam Holens keeps us on track and accountable of our responsibilities and tasks. She has also been very active in working with the Winnipeg Fire and Paramedics Service and other

activities. Though new to the board, Dr. Colleen Murphy has participated in various activities to build relationships with other organizations. We welcome back Dr. Leanne Mak in the role as treasurer. She has been stellar in ensuring that your membership fees are being used in a responsible and effective manner. We also welcome Dr. Jennifer Volk, who joined the board in January. We look forward to benefitting from her unique community-based and programming perspective, which is in keeping with some of our advocacy initiatives.

I would also like to extend my sincere appreciation to our administrative assistant, Ms. Heidi Tucker, our webmaster, Mr. Mokhtar Joundi, and our bookkeeper, Ms. Liisa Burgas, all of whom work to ensure that the association functions smoothly. I continue to marvel at Dr. Teresa Sztaba's energy and dedication to MPS. She works effectively and efficiently for our members and for the mental and behavioural health needs of all Manitobans. It is truly a pleasure to work with her.

It is often difficult to say good-bye to departing board members. I would like to thank Dr. Rehman Abdulrehman for his contributions to psychology advocacy locally, nationally, and internationally. His accomplishments with the Mind Your Mental Health campaign and connecting with peer support organizations increased the profile of psychology. I wish him much success in new and exciting changes in his career and in his involvement with the International Committee of APA.

Our Student Director, Ms. Julie Erickson, has been stellar in her contributions to the board. She has been involved in the updating the website, organizing the eblasts, assisting with numerous AGMs, organizing the student poster competition, and being available to participate in projects as the need arose. I wish her well as she leaves on internship at the Centre for Addiction and Mental Health in Toronto and I hope that she returns to Winnipeg to join the board once again.


After 16 years of serving on the board in various capacities, Dr. Leonard Greenwood, has decided not to renew his term on the board. I am grateful for the opportunity to have worked with and learned from him for almost 10 years. At first, I denied his request to leave the board, however, it was only with the agreement that he will continue to consult that I begrudgingly consented to his request. I wish him all the best in his future endeavours.

I would like to take this opportunity to thank all members of MPS for your dedication to the profession and to the wellbeing of Manitobans. The Manitoba Psychology community is small, but strong. National organizations have described us as 'punching above our weight class' and when issues arise in other provincial associations, they have questioned, "WWMD" (i.e., "What would Manitoba do?"). Manitoba has been well-represented in national and international psychology communities. It is for these reasons that I invite members to join us for the 50th Anniversary of MPS in 2016. The board is busy planning for a Fall Gala event and I look forward to celebrating this momentous occasion with our members.

Respectfully submitted,

Dr. Andrea Piotrowski, Ph.D., C. Psych.

MPS President



AGM 2016

Executive Director's Report

Once again, I am pleased to be here with you all as part of our diverse, talented, energetic, and engaging community of psychologists. Manitoba Psychological Society represents a significant proportion of Manitoba psychologists and I am pleased to see so many of you here today. In meetings with other executive directors of associations across Canada and the United States, I have been met with envy and astonishment when they have learned that 80% of registered psychologists in Manitoba belong to MPS. This proportion is far higher than that of almost all other comparable associations.

MPS has continued to actively pursue opportunities to increase access to psychological services, provide more and better services to members, educate the public about the role of psychology and topics related to psychology, and provide top-notch continuing education. MPS responds to issues related to mental health via media, participates in national organizations, cooperates with community mental health groups, responds to requests from the community, and explores the needs of diverse groups within that community. We are very pleased to have your support in these endeavours.

I will be brief this year, as Dr. Piotrowski has documented in detail the numerous initiatives and successes of Manitoba Psychological Society during this whirlwind of a year. It has been a great pleasure to have worked alongside with her, in her tireless and dedicated efforts, although I sometimes have needed to run to keep up! It also has been terrific to work with the great group of people on our Board. Thank you, Andrea and the Board, for helping to make my job as satisfying as it has been.

Last year, I reported on the very significant changes to our website, and in registration for membership and events. We now have had one year to address any minor glitches and improve the system, and have continued to have excellent usage. Over the past year, 27,929 unique page views to the website; 7,916 of these have been to the Find a Psychologist page. Approximately 150 emails were sent via the website (in addition to numerous calls to our phone number).

During the past couple of years, MPS has discontinued creating newsletters and, instead, has been sending monthly Eblasts to all members. We hope that these Eblasts have served the purpose of keeping members more up-to-date with our initiatives and have provided useful, current information relevant to our practice as psychologists. We welcome your feedback about this change.

Our Ethics Consultation Service officially launched last year and the committee (Drs. Len Greenwood, Bruce Tefft, Jaye Miles, Don Stewart, and Norah Vincent) has been available for consultation to members about ethical dilemmas. There have been only a few requests to date but the ERS has been able to provide in-depth perspectives culled from each member of the committee. This type of consultation offers the type of guidance and highlighting of various considerations related to an issue that is unlikely to be found in a one-on-one consultation with a colleague.

MPS's superb continuing education offerings and annual meeting or conference continue to be well-attended. Once again, the Board decided not to hold a Members' Night this year but, in honour of our anniversary, plan to hold a very special celebration, as our President has announced. What a fabulous opportunity to review and pay homage to years of work and achievement! Please count on joining us.

The Board has been contemplating ways in which MPS can speak to social and political issues that have an impact on mental health and well-being. We have formed a Social Action Committee, comprised of Board members and, eventually, other members who would like to participate in this effort. The first task of the committee will be to develop guidelines to help determine to which issues, and in what manner, it would be appropriate and beneficial for MPS to respond or to initiate action. We look forward to your opinions and direction, perhaps at today's Town Hall meeting.

The work of MPS could not proceed without the indispensable efforts of our Administrative Assistant, Heidi Tucker, and our Webmaster, Mokhtar Joundi. In addition to being efficient, organized, accessible, and cooperative, Heidi is an absolute delight to have as an administrative partner and support. Mokhtar provides creative technical solutions for our website and membership services, and responds round-the-clock to questions and requests. The beautiful emails that you now receive are designed by him.

As well, I want to highlight the contribution of our student representative, Julie Erickson, in organizing the Student Poster Competition for this year's Conference. We wish Julie the very best as she begins her clinical internship next fall in Toronto, but (oh boy) will we miss her excellent, active contribution to the work of the Board.

To close, I am delighted to announce some exciting news! For the first time, we have applied for and received two grants. MPS was awarded \$2500 from the CPA Practice Directorate grant fund to produce promotional materials regarding psychology in Manitoba. Our plan, once these materials are produced, is to make them available to our members.

In addition, we have been awarded an APA Practice Organization (APAPO) Organizational Development Grant of \$5000 (U.S. dollars) by the Committee for the Advancement of Professional Practice. The monies were granted to help fund the Executive Director duties and office functions (including member/organizational initiatives), as well as to fund training, consultation, and assistance by a government relations expert. Over the coming months, we will determine the specific uses for these much-welcome funds.

On that very positive note, I wish you a successful remainder of today's meeting and thank you all for the opportunity to serve as your Executive Director during this, our 50th anniversary year.

Respectfully submitted,

Teresa Sztaba, Ph.D., C. Psych.
Executive Director



AGM 2016

Treasurer's Report

Attached to this report you will find a copy of the financial statements for the Manitoba Psychological Society for the financial year ending December 31, 2015, provided by Ellard Schappert of the accounting firm of Forrest and Company.

1. I would like to make the following comments about our 2015 Financial Statements.

a. According to the Statement of Operations, Total Revenue was higher than budgeted (\$77,323 vs. expected \$71,900) while Expenditures slightly exceeded that budgeted (\$78,039 vs. expected \$75,390). We anticipated a deficit of \$3490. The true balance was a deficit of \$716.

b. According to the Statement of Operations, Institute Revenue for 2015 was greater than budgeted at \$36,670 instead of \$32,500.

c. According to the Statement of Operations, one area of expenditure that significantly deviated from budgeted amounts was cost of producing Institutes (\$29,695 instead of \$17,000).

d. According to the Statement of Operations, two notable areas of expenditure were less than budgeted: Travel costs to Canadian conferences (\$2384 instead of \$3700) and American conferences (\$1151 instead of \$2200).

e. The Statement of Financial Position lists Prepaid Expenditures of \$2616 which represent payment in 2015 for two items applicable to 2016: a subscription to a website program and CPAP fees for 2016.

f. As of December 31, 2015, our Net Assets were \$90,002, which remained the same over the past twelve months.

2. I move that this report and the attached 2015 Financial Statements be accepted as the Treasurer's Report at the 2016 Annual General Meeting of MPS.

Respectfully prepared and submitted,

Leanne Mak, Ph.D., C. Psych
Treasurer

AFFILIATIONS

Canadian Psychological Association | American Psychological Association
Council of Provincial Associations of Psychologists

AGM 2016

Business of Practice Report

In the past year, the Business of Practice Directorate helped to coordinate a workshop on Cultural Competency for psychologists wishing to provide mental health services to Muslim refugees. In addition, there is ongoing involvement in an initiative to assist employers to implement the federal standard for psychological health and safety in the workplace.

A conference will be held later this year to educate employers about the standard, and to facilitate their adoption of key recommendations.

Respectfully submitted,

Moira Somers, Ph.D., C.Psych.
Director, Business of Practice Directorate

AFFILIATIONS

Canadian Psychological Association | American Psychological Association
Council of Provincial Associations of Psychologists

AGM 2016

Communications & Public Education Report

Dear Members,

During the past year, Press Releases were sent to media on a variety of topics leading to a number of psychologists interviewed by media (radio, television, newspaper). This collaboration has been advantageous for MPS to reach a greater number of media outlets resulting in more interviews by members of our Society. More specifically, MPS was responsible for writing Press Releases on Psychology Month (February), Psychology Month Presentation on Concussions (February), Finances and Taxes (May), and Return to School (September).

MPS would like to thank everyone who agreed to do interviews with media during this past year. Any member of MPS interested in doing interviews with media are invited to submit their names, contact information, and areas of expertise to Dr. Jeffery Harvey (Communications@mps.ca).

In terms of Public Education, activities this past year have focused primarily on Psychology Month, regular Press Releases, developing relationships with organizations in Manitoba for Psychology Month talks, and promoting the Mind Your Mental Health Campaign. Our dedicated MPS members and other psychology colleagues provided excellent talks for Psychology Month events this February. There were fewer talks this year although attendance was significantly higher with most talks having 20 to 60 attendees.

Here's how it all shaped up:

7 Talks open to the general public

7 Talks for specific audiences

Over 10 Media interviews

Psychology Month Posters electronically distributed to hundreds

500+ people learned about the "Mind Your Mental Health" campaign

Thank you to all those who participated in Psychology Month this year by selflessly donating your time to increase public awareness about the role psychology plays in the community. This year's presenters were: Dr. Colleen Murphy, Dr. Jim Clark, Dr. Jason Ediger, Dr. Rehman Abdulrehman, Dr. Maxine Holmqvist, Dr. Kristin Reynolds, Dr. Sheri Skwarchuk, Ms. Jennifer Thorsteinsson, Mr. Christopher Villing, Ms. Leigh-Ann Jones, Dr. Jo Ann Unger, and Dr. Jennifer Volk. Please check out the full listing of Psychology Month 2016 events on our MPS website.

Respectfully submitted,

Jeffery Harvey, Ph.D., C.Psych.

Public Education and Communications Director

AFFILIATIONS

AGM 2016

Membership Report

I am pleased to present the Registrar's report for 2016 to the Annual General Meeting of the Manitoba Psychological Society. As of this date we have 236 active members, 170 of whom are Full or Distinguished Members, 23 Affiliate Members and 42 Student Members. In the past year, 12 psychologists joined as Full Members. Four professionals joined as affiliate members. We had a large group of 28 students join MPS. Each year there is a large turnover of students, as they move on in their careers. Given the huge contribution students make to MPS activities, it is a strong positive that so many joined in 2015.

I would note that the electronic membership registration/renewal system appears to function well. Any concerns regarding that system and the integration of that registration process with registration for other MPS events, should be directed either at the Registrar or MPS Executive Director.

Respectfully submitted,

Leonard J Greenwood Ph.D. C. Psych.
Registrar

AFFILIATIONS

AGM 2016

Continuing Education Report

In 2015, MPS sponsored two full day workshops: The May 1st spring workshop Science-Driven & Method-Driven Psychological Evaluation, Especially for Medical-Legal Claims of all types (not just mental illness claims) by Dr. Robert Barth and the November 5th workshop Uppers, Downers and All-rounders: Knowing the Drugs your Clients are Abusing by Dr. Robert Julien. We are pleased to report positive reviews for both workshops, including the programs, speakers, and venues.



The May 1, 2015th workshop featured Dr. Robert Barth, a Fellow of the National Academy of Neuropsychology and regular contributor to AMA publications and programming for chronic pain, brain injury, and mental illness. The learning objectives of the workshop sought to provide attendees with an enhanced understanding of (1) the scientific knowledge base for chronic pain, brain injury, mental illness, and human responses to traumatic experiences; (2) evaluation methodology for chronic pain, brain injury, and mental illness; (3) the role of psychological and social factors in medical-legal claims of all types; (4) the methodology for causation analysis within an individual case; and (5) the methodology for evaluating work ability. A total of 93 people attended the workshop. This workshop was sponsored in part by the Workers Compensation Board of Manitoba and Manitoba Public Insurance.

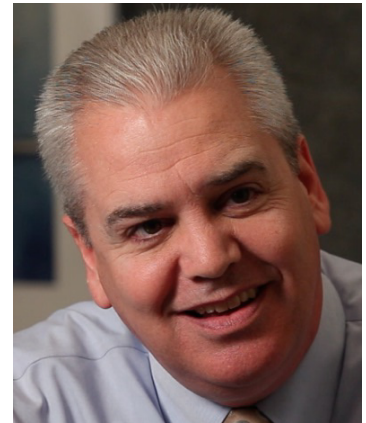


The November 5th workshop featured Dr. Julien, a former Associate Professor of Pharmacology and Anesthesiology at the Oregon Health Sciences University and retired practitioner of medical anesthesiology at Providence St. Vincent Hospital in Portland Oregon. His psychopharmacology textbook Julien's Primer of Drug Action (Worth Publishers, 2014) is regarded as a definitive textbook of psychopharmacology. Upon completion of the workshop emphasizing psychopharmacology and substances of abuse, attendees had knowledge of: (1) how to develop a patient medication form; (2) taking a detailed drug & medication history from each patient on each encounter; (3) drugs/medications that are capable

of inhibiting cognitive abilities; (4) how drug half-lives contribute to missing such effects; (5) the continuum of effects of CNS stimulants; (6) how some drugs combine both psychostimulant and psychedelic effects; (7) what drug underlies the holiday of Halloween; (8) the antidepressant and psychedelic effects of ketamine; (9) the different effects and uses of THC and CBD; (10) the relationship between blood THC concentrations and driving behaviors; (11) how physicians may contribute to heroin abuse; (12) the difference between a pure agonist, a pure antagonist, and partial agonist opioid; and (13) available products that combine these in the treatment of opioid dependence. A total of 76 people attended the workshop.

Looking Ahead

Dr. David Jobes, ABPP, a Professor of Psychology and Associate Director of Clinical Training at The Catholic University of America and Adjunct Professor of Psychiatry, School of Medicine, at Uniformed Services University of the Health Sciences, will be providing a full-day workshop on April 22, 2016. The workshop, titled Innovations in Clinical Assessment and Treatment of Suicidal Risk will be held from 8:00 AM to 4:30 PM at the Holiday Inn Winnipeg Airport Polo Park. Brochures and registration information are available on-line at www.mps.ca



Respectfully submitted,

Lesley Ritchie, Ph.D., C. Psych.
Director of Continuing Education

AFFILIATIONS

Canadian Psychological Association | American Psychological Association
Council of Provincial Associations of Psychologists

Proposed Board Slate 2016-2017

Continuing

President/Past President

Dr. Andrea Piotrowski

Secretary

Dr. Pamela Holens

Treasurer

Dr. Leanne Mak

Membership Director

To Be Appointed

Continuing Education Director

Dr. Lesley Ritchie

Early Career Psychologist Rep

Dr. Lisa Thouas

Diversity Rep

Dr. Alicia Ordonez

Public Education & Communications Director

Dr. Jeffery Harvey

Business of Practice Representative

Dr. Moira Somers

Student Rep

Maia Kredentser (new)

Directors-at-Large

Dr. Jason Ediger

Dr. JoAnn Unger

Dr. Colleen Murphy

Dr. Jennifer Volk (appointed 2016)

Dr. Andrew Jones (new)

AFFILIATIONS

Schedule

2:30 – 3:30 p.m.

The Culture of Emergency Responders: In the Face of Trauma

Scott Wilkinson and Jennifer Lundin, Winnipeg Fire Paramedic Service

Patrol Sergeant Jodi St. Amant, Winnipeg Police Service

3:30 – 3:45 p.m.

Coffee, Tea, Cookie Break

3:45 – 4:45 p.m.

"CBT-ish": Trauma-Focused Therapies

Chris Enns, MSW, RSW (ON, MB, SK)

4:45 – 5:00 p.m.

Break

5:00 – 6:00 p.m.

Resilience as a Trauma Therapist: Coping with Secondary Traumatic Stress

Debbie Whitney, Ph.D., C.Psych.

5:30 – 6:00 p.m.

Student Poster Competition Judging

6:00 – 6:30 p.m.

Student poster competition award, networking, cash bar

6:30 p.m – 8:30 p.m.

Dinner, AGM with Town Hall