

# Annual General Meeting

## March 20, 2017

### AGENDA

1. Adoption of Agenda
2. Adoption of Minutes of March 21, 2016 AGM
3. President's Report
4. Treasurer's Report
  - 4.1 Acceptance of financial statement
  - 4.2 Approval of 2017 Budget
5. Adoption of other Board Reports (omnibus motion):
  - Membership
  - Public Education/Communications
  - Continuing Education
6. Executive Director's Report
7. Nominations/Election of Board of Directors
8. Adjournment

**The Business Meeting will be followed by a presentation by Dr. Niigaan Sinclair.**

#### AFFILIATIONS

# AGM 2016 Minutes

## March 21, 2016, 7:15 pm to 7:53 pm

Dr. Andrea Piotrowski, President, called the meeting to order at 7:15 pm.

**1. Adoption of Agenda:** Dr. Pam Holens moved to adopt the agenda as presented; seconded by Dr. Bruce Tefft. Carried.

**2. Adoption of Minutes:** Dr. Bruce Tefft moved to adopt the minutes from the AGM of March 23, 2015; seconded by Dr. Leanne Mak. Carried.

**3. President's Report:** Presented by Dr. Andrea Piotrowski (see mps.ca under AGM Reports). Dr. Andrea Piotrowski moved to accept the President's Report as presented; seconded by Dr. Lesley Graff. Carried.

**4. Treasurer's Report:** Presented by Dr. Leanne Mak, Treasurer (see mps.ca under AGM Reports ) There were no questions from the floor on the 2015 financial statement.

Dr. Leanne Mak moved to accept the statement as presented; seconded by Dr. Joanne Unger. Carried.

There were no questions from the floor about the 2016 budget.

Dr. Leanne Mak moved that the 2016 budget be accepted; seconded by Dr. Bruce Tefft. Carried.

**5. Executive Director's Report:** Presented by Dr. Teresa Sztaba.

Dr. Pam Holens made a motion to accept the report as read; seconded by Dr. Gary Shady. Carried.

**6. Adoption of Board Reports:** Dr. John Walker made an omnibus motion to accept the following reports: Membership, Public Education/Communications, Continuing Education, and Business of Practice, as prepared; seconded by Dr. Andy Lubusko. Carried.

### **7. Nominations/Election of Board of Directors:**

The Executive Director conducted the election of board members. Nominations from the floor were requested and none were made.

Dr. Joanne Unger moved that nominations be closed; seconded by Dr. Pam Holens . Carried.

Dr. Linda Trigg made a motion to accept the proposed slate for 2016- 2017 (see mps.ca under AGM Reports); seconded by Dr. Lesley Graff. Carried.

**8. Adjournment:** At 7:53 p.m., Dr. Jane Bow moved that the meeting be adjourned.

Respectfully submitted by Heidi Tucker, March 21, 2016.

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AGM 2017

# President's Report



It is a pleasure to report on the activities of MPS over the past year to the membership. Despite the low number of psychologists in Manitoba, compared to the rest of the country, we are a powerful force and the impact we can make to improve access to psychologists for the public is growing.

Last year, in order to better organize the efforts of the organization, the board contracted a facilitator for 1½ days to assist us in developing a Strategic Plan. At a time when mental health and addictions is being discussed at both the provincial and national levels, the association wanted to be well prepared to develop a clear message and be ready to respond to government requests. At the Strategic Planning session, we identified three areas that would be the focus of MPS Advocacy: a) Access to services; b) Training opportunities for clinical psychology programs; and c) Services to underserved communities (e.g., indigenous, child welfare, older adults). The exercises during the Planning Day included identifying the strengths of MPS and other factors that support our work (e.g., government's current interest in mental health and addictions, decreased stigma of mental health, etc.), as well as being prepared for any obstacles, such as competing services/stakeholders, few resources/funding, and branding issues (i.e., lack of knowledge about what psychologists do, how psychologists differ from other mental health providers).

There have been a number of developments both provincially and federally that are advantageous to advocating for increased access to psychologists and psychological services. Over the past year, Dr. David Peachey and Health Intelligence Inc. and Associates, were commissioned by the Manitoba Government to identify planning options for clinical and preventive health-care service for Manitoba. Dr. Peachey understands the value and specialization of doctoral level psychologists and he recommends greater involvement of psychologists at the front end of mental health and addictions, in addition to the work already being done in the area of health psychology. He pointed out that Manitoba would need to increase the number of psychologists by 360 to meet with national average. This statement supports the case for considering training of psychologists in Manitoba. MPS, along with leadership in the Department of Clinical Health Psychology, is prepared to work with government and the regions to discuss new models of the provision of psychological care. Dr. Peachey also recommended that psychologists should be included in My Health Teams (Primary Care) and work with physicians and other professionals to provide the best healthcare possible for every Manitoban. Further information of this report can be found at <http://news.gov.mb.ca/news/index.html?item=40671>.

Nationally, the federal government specifically proposed an allocation of funds to the provinces and territories for Mental Health and Homecare Services. Following an initial refusal of this proposal by the jurisdictions, all jurisdictions, except Manitoba (to date), now have agreements with the federal government to allocate funds to these areas of healthcare. Minister Goertzen has announced his dedication to mental health and addictions by forming a task force to evaluate the situation in Manitoba. MPS is actively requesting participation on this task force or related committees. This government might be ready to engage psychologists even more in mental and behavioural health and MPS is prepared to act!

## Outreach

- The following report outlines only some of the work done by the board. MPS recognizes that collaborating with other organizations and associations results in a stronger voice in support of increasing access to services for all Manitobans. Over the past year, we have continued to meet with various key stakeholders and we have developed relationships with new groups.
- Dr. Bill Davis, Dr. Pam Holens, Dr. Leonard Greenwood, and I have met with members of the Crisis Response Management Team of the Winnipeg Fire and Paramedic Service to discuss collaborations between WFPS and MPS. This group recognizes the need for increased access to psychologists, particularly to psychologists who have experience working with first responders and addressing crisis situations. More recently, Dr. Davis and I were invited to meet with the board of the United Firefighters of Winnipeg to discuss the best options for providing specialized psychological services for their members. We continue to build these relationships and meet with any group associated with the Winnipeg Fire and Paramedic Service to assist in developing the best model of care for first responders.
- Dr. Pam Holens and I were invited to attend a forum hosted by the Mental Health Commission of Canada, for increasing mental health services for first responders. The majority of the attendees were first responders in urban and rural areas, WFPS Human Resources, representatives from the Behavioural Health Unit of the Winnipeg Police Service, and representatives from the WRHA. The purpose of this forum was to promote the mental health resources and training for first responders as well as the recommendations for a Psychologically Healthy Workplace developed by the Mental Health Commission of Canada. The facilitators of this forum also encouraged the participants to develop an advocacy message for first responders.
- Dr. Pam Holens connected with Dr. Nick Carleton at the University of Regina who, along with colleagues, is conducting a Canada-wide needs assessment for first responders. She has been invited to be part of the Manitoba contingent for this study.
- Dr. Sztaba and I continue to meet with Dr. Jon Gerrard at his request to discuss his continued support for increasing access to psychologists.
- Dr. Jon Gerrard invited me to participate in a Town Hall meeting in his constituency on the importance of providing appropriate services for mental health conditions for all Manitobans.
- MPS is a non-partisan organization and we have requested meetings with all political parties to discuss the mental and behavioural health needs of Manitobans and psychology's role in helping to improve access. We reached out to all political parties prior to the election and asked them to respond to various questions.
- Dr. Sztaba and I met with Ms. Barb Wasilewski, ED of Primary Care at Manitoba Health to discuss opportunities for having psychologists integrated in My Health Teams.

- Dr. Teresa Sztaba and I had met with Carly Johnson, who is the new Executive Director of Mental Health and Spiritual Care and Nancy Parker with Manitoba Health. This meeting led to discussions about how MPS could be involved in several important initiatives in the near future.
- I represented MPS at the Primary Health Care Stakeholder Engagement and Planning Workshop hosted by Manitoba Health on October 27 and 28. The purpose of this workshop was to engage key primary care stakeholders by sharing information with various professions and to discuss the strategic direction and ways to advance primary care services and initiatives in Manitoba.
- Dr. Colleen Murphy and Dr. Jo Ann Unger represented MPS on the Mental Health Alliance, which is comprised of representatives from various mental health associations. They have also attended a number of public forums that were organized by mental health associations.
- Dr. Moira Somers continued to participate on the Workplace Psychological Health and Safety Advisory Group chaired by Manitoba Health and SAFE Work Manitoba.

### **MPS and Syrian Refugees**

The Prime Minister's Office has welcomed thousands of Syrian refugees to Canada. This initiative is relevant to psychologists because the federal government announced that Syrian refugees will be eligible to receive funding for ten sessions of psychotherapy from registered psychologists. MPS continues to work closely with Manitoba Health and other key stakeholders to identify services, resources, and pathways to care for refugees.

I have continued to represent MPS on the Refugee Planning Committee and the following initiatives have been done:

- Strongly encouraging psychologists who have identified themselves as providing service to Immigrant and Refugees have been approved by Medavie Blue Cross and the Interim Federal Health Program as providers for this group (to receive reimbursement).
- I continue to advocate for full coverage of interpreters for psychologists who are working with refugees. Given the inadequate coverage by the IFHP, I asked that the Director of the Practice Directorate (CPA) and CPA to advocate for this critical service at the federal level. In the most recent documents of the IFHP, the interpreter services are covered for all sessions (not just the initial session), though it is still at a cost that is half that of what is charged in the province. CPA will continue to advocate for this need. I have stressed that if interpreters are unavailable, then service is available in only very few cases.
- Chairing a working group and collaborating with the Department of Clinical Health Psychology, the WRHA Child and Adolescent Treatment Service, and other key stakeholders to identify appropriate pathways to mental health care for Syrian Refugees. These documents can be accessed through Manitoba Health (<http://www.gov.mb.ca/health/primarycare/providers/srh.html>).

## **Representation on National Associations**

I continue in the position as the Chair of the Council of Professional Associations of Psychologists (CPAP) and the Practice Directorate (Canadian Psychological Association (CPA)). In these roles, I also sit on the board of CPA, and on the Professional Liability Insurance Steering Committee. Although my term as Chair in both positions was ending in June, the Councils have asked that I continue as Chair for one more year so that the three elected positions to the Executive Committee (CPAP) and the Management Committee (PD) did not end at the same time. During this upcoming year, I will be mentoring one of the newly elected members on these Committees.

As you know, CPAP (i.e., whose members include all the provincial/territorial fraternal associations of psychologists) and CPA are the sponsors of the BMS Insurance Program. We have approved moving to a Professional Model which, over the next few years, will result in a surplus of funds to be used for designated purposes, including direct support to the program (e.g., premium reductions), investments in risk management activities (e.g., workshops, webinars), and other expenses related to the management of the program (e.g., legal fees related to the program). The number of members in this program continues to grow and we are pleased with the excellent benefits of the program and the ease with online or telephone renewal. All insured members will be receiving renewal notices shortly.

The Practice Directorate is comprised of CPAP members, though it falls under the umbrella of CPA. This year, we updated our Terms of Reference and our Strategic Plan. The goals of the Strategic Plan include: a) Advocating for increased funding to allow for access to the services of psychologists; b) Increasing the number of psychologists available for the provision of services; and c) Increasing public access to quality services provided by the best qualified professionals. The Practice Directorate is also engaging in a number of initiatives over the next year, including: a) Developing a commercial and media campaign about psychologists and psychological services that can be used by all jurisdictions; b) Conducting a literature review and paper regarding the cost and adverse effects of inadequate psychological assessment/diagnosis and ineffective psychotherapy; and c) Organizing a Leadership Conference in 2018.

MPS was also represented at the American Psychological Association Practice Organization's Practice Leadership Conference in Washington, DC from March 4-7, 2017. Dr. Teresa Sztaba, Dr. Jeffery Harvey (Director of the Public Education Campaign), and I had an opportunity to network with and learn from psychology associations across Canada and the United States. The seminars focused on building stronger associations and innovative strategies to advocate for psychologists and psychological services.

## **Acknowledgements**

More than ever, it is because of the board's dedication that MPS is being invited to meetings with government and other key stakeholders. This board is proud to be the voice of psychology in the province and grateful that the members have entrusted such an important role to this group. Personally, I would like to thank the entire board for their tireless efforts in promoting access to psychology and in educating the public and professionals about the role of the psychologist.

The MPS Board will be saying good-bye to two of its members. I would like to thank Dr. Lesley Ritchie (Director of Continuing Education) for her dedication to organizing and running the Continuing Education events with high quality presenters and introducing the 'hot breakfast.' We welcome Dr. Andy Jones as the Director of Continuing Education. In the role of Business of Practice Director, I would like to thank Dr. Moira Somers for her thought-provoking questions during board meetings to increase the efficiency and effectiveness of MPS, in

representing MPS on the committee for Workplace Health and Safety, facilitating a teleconference learning opportunity, and in organizing the Cultural Competency workshop.

Dr. Lisa Thouas (Member-at-Large) and Ms. Maia Kredentser (Student Director) keep the members informed by sending out eblasts of MPS activities as well as articles and resources that might be of benefit to members. Dr. Jeff Harvey has organized Psychology Month activities and the 50th Anniversary of MPS. Dr. Kristin Reynolds has taken on the role as Communications Director and she has already been responding to requests by the media.

Dr. Alicia Ordonez, Dr. Sonia Marrone, and Dr. Jason Ediger continue to provide valuable input and ideas at our board meetings as well as unique initiatives. I would like to thank Dr. Pam Holens for her many years of taking minutes in the role of Secretary on the MPS Board. Moving out of this role, Dr. Holens will continue with MPS's work with the WFPS and serve as a Member-at-Large on the board. Dr. Colleen Murphy will move into the role of secretary as she continues to participate in various activities to build relationships with other organizations. I would like to congratulate Dr. Leanne Mak and her husband Colin on the birth of their second son, Eric. She is on a 6-month maternity leave from her role as treasurer and will be returning in April. Just when Dr. Leonard Greenwood thought he was leaving the MPS Board, he was generous with his time and agreed to serve as interim treasurer while Dr. Mak was on maternity leave.

Dr. Jennifer Volk (Chair) is joined by Dr. Moira Somers, Dr. Jo Ann Unger, and Dr. Teresa Sztaba to develop policy and criteria for the newly formed Social Action Committee.

I would also like to extend my sincere appreciation to our administrative assistant, Ms. Heidi Tucker, our webmaster, Mr. Mokhtar Joundi, and our bookkeeper, Ms. Liisa Burgas, all of whom work to ensure that the association functions smoothly.

I would like to thank Dr. Teresa Sztaba, who works tirelessly for MPS in various capacities. Her dedication to the organization, to psychology, and to Manitobans on very limited time is incredible. Her perseverance, efficiency, and excellent writing skills has made her invaluable to me and the organization.

MPS celebrated its 50th Anniversary on February 24, 2017 at the Mercedes-Benz dealership. Dr. Jeffery Harvey organized the event with assistance from Ms. Heidi Tucker, Dr. Teresa Sztaba, Ms. Maia Kredentser, and student volunteers. I would also like to extend a thank you to Dr. Ivan Bilash who presented on the history of MPS. It was a lovely event and we honoured Dr. Bob McIlwraith with the Distinguished Lifetime Achievement Award and Dr. Bill Davis with the President's Award. Thank you to everyone for making the event memorable. The organization has much to celebrate despite having to advocate for the same issues over the last 50 years. I want to thank our predecessors for setting the path for increased access to psychologists and psychological care. There have been many victories over the past 50 years and we continue to serve our members and advocate for the public. I am hopeful that now is the time for psychology to be at the forefront in helping to develop better models of healthcare provision to all Manitobans.

Respectfully submitted,

Dr. Andrea Piotrowski, Ph.D., C. Psych.

MPS President

AGM 2017

# Executive Director's Report

Thank you for the opportunity to update you again on some of the activities of Manitoba Psychological Society over the past year and on some of the work that I have been doing on your behalf. MPS continues to have a high percentage of registered psychologists in Manitoba – about 83% this year – and to expand on advocacy efforts and services to Manitoba psychologists.

As I noted last year, MPS actively pursues opportunities to increase access to psychological services, provide more and better services to members, educate the public about the role of psychology and topics related to psychology, and provide excellent continuing education. MPS responds to issues related to mental health via media, participates in national organizations, cooperates with community mental health groups, responds to requests from the community, and explores the needs of diverse groups within that community. We are very pleased to have your continued support in these endeavours.

Since my last report to the general membership, I have attended the twice-yearly Practice Directorate and CPAP meetings, chaired by Dr. Piotrowski, to continue to be involved in national issues and to network and gain ideas from other association representatives.

As well, I have attended twice-yearly meetings of American and Canadian executive directors of psychology associations. These gatherings provide valuable information to assist me in doing my best job for you; they also have served as inspiration for several ideas that I have brought back to MPS and that subsequently were adopted. As your Executive Director, I also attend the annual Practice Leadership Conference in Washington, D.C. Most of the costs for executive directors to attend this meeting are covered by APA.

Monthly on-line meetings with a group of executive directors from small psychology associations also have provided great support and generated ideas in areas ranging from gala organization to continuing education speakers.

As part of our advocacy efforts, I also attended:

- a meeting, along with Dr. Piotrowski, with Bill Thull, of Healthcare Canada, an advocacy expert with extensive government experience, and who was involved in the writing of the current Canada Health Act
- meetings with Dr. Piotrowski and Dr. Jon Gerrard, to advise with respect to Dr. Gerrard's plan to advocate for coverage for psychologists under Manitoba Health
- a meeting, along with Dr. Piotrowski, with Carly Johnston and Nancy Parker of Mental Health and Spiritual Health Care, Health, Seniors and Active Living
- along with Dr. Jo Ann Unger, the CMHA Annual Meeting, at which Kelvin Goertzen, Minister of Health spoke
- a meeting with Ms. Barb Wasilewski of Manitoba Health and Dr. Piotrowski about roles for psychologists in My Health teams.
- a meeting with representatives from the Board to develop strategic inquiry questions
- an informal meeting with Dr. John Service
- A strategic inquiry webinar by Sean Moore of the Ottawa-based Advocacy School (the entire Board later had an in-person workshop with Mr. Moore).
- informal meetings with individuals in government and service agencies who provided advice about advocacy and suggestions for champions in government and the community

I also was pleased to participate in preparation for our 50th Anniversary Gala. Wow! It was a thrill to celebrate this event and our Gala chair, Dr. Jeff Harvey, embraced the idea and made it his own, in the fabulous Mercedes Benz building. We took the opportunity to honour the worthy, and modest, Drs. Bob McIlwraith and Bill Davies, for their considerable influential contributions to psychology. Kudos also to our enthusiastic and organized administrative assistant, Heidi Tucker, without whose help the gala would not have been the same, and to Dr. Greg Gibson and his band, Misty Street, for terrific musical entertainment. It was a pleasant surprise to discover the musical and dancing abilities of some of our Manitoba psychologists!

MPS's excellent continuing education offerings continue to be well-attended. Many thanks to Dr. Lesley Ritchie for her years of providing of organizing top-notch educational workshops (and superb revenue generators) that have been of interest not only to psychologists but also to those of many other disciplines.

Our 2016 AGM and Conference, although not a revenue-generating event, was well-received and well-attended, with 75 registrants. Presenters spoke on self-care, PTSD treatment, and the culture of firefighters, paramedics, and police. We were delighted to have our second-ever Student Poster Competition as well. Thanks to Julie Erickson, our past Student Representative now on internship in Toronto, for organizing the competition.

Our Ethics Consultation Service continues to be available on request to our members. The committee of seasoned and experienced psychologists (Drs. Jaye Miles, Norah Vincent, Don Stewart, Len Greenwood and Bruce Tefft), highlight various considerations and guidelines related to an issue in a more in-depth manner than is likely to be found in a one-on-one consultation with a colleague.

Perhaps one of my most satisfying roles has been to participate in the initiation and development of a Social Action Committee. I brought this initiative to the AGM last year and it was received with enthusiasm by those in attendance. The Committee now has had several meetings and, with Dr. Jennifer Volk as chair, is in the final stages of preparing a draft of policy and procedures, to be considered by the Board. The policy will guide the committee in determining to which issues and events, and in what manner, MPS may

respond or take a position. We thank those who participated in our survey and offered to help in the future, and look forward to your continued feedback.

For 2017, the Board supported an increase in recommended fees, based on a review of fees charged across Canada and on cost-of-living increases in Manitoba. Letters were sent in September to third-party payers to inform them of the upcoming changes but, unfortunately, the processes in some government departments move slowly. There again has been some delay in covering invoices with the new fee and I have had to resend a couple of these letters. Please be reassured that insurers have been informed of the changes in recommended fees well in advance.

Our website has continued to be well used, and Heidi and I field many questions about the services of psychologists that originate from the website. Over the past year, there 21, 871 unique page views to the website; with a high proportion using the Find a Psychologist search engine. We received approximately 150 emailed inquiries, of varying and interesting nature, via the website (in addition to calls to our phone number).

The Board has been pleased to be able to provide more timely updates and readings via the EBlasts that replaced our newsletter. Thanks to Dr. Lisa Thouas and Ms. Maia Kredentser for organizing the EBlasts. We would be pleased to receive your feedback, as well as suggestions for articles or activities of interest to psychologists that we might mention in our EBlasts.

Unlike other associations in Canada, MPS does not have an office. As such, our records are stored in boxes and files in the homes of the E.D. and of some Board members, particularly in the basement of Dr. Greenwood! The Board decided this year to utilize some of the funds we received from the APA CAPP grant last year to digitize our records storage, and our gung-ho and highly capable student representative, Maia Kredentser, has organized some student help to make it happen. This project is on the list to be completed this year.

Thanks to Maia as well for organizing the display of student posters this year.

We will be sad to see Drs. Somers and Ritchie departing this year; they have made invaluable and unique contributions to the work of MPS. We also will say farewell again to Dr. Greenwood, who, although contemplating the peace of finally leaving MPS after many years of contribution and loyalty, agreed to stay on as Acting Treasurer while Dr. Mak has been on maternity leave.

I wish to thank all the Board for their tremendous support, and for the fun and energy of our Board meetings. In particular, my deepest thanks go to Dr. Piotrowski for her continued enthusiasm and initiative in our advocacy efforts, and her constant support and hard work.

Much invaluable and essential work for MPS takes place behind the scenes, by our indispensable Administrative Assistant, Heidi Tucker and Webmaster, Mokhtar Joundi of MJ Designs. As most of you have come to know, Heidi is an absolute gem and, fortunately, continues to love MPS (and we love her). As for Mokhtar, although he moved to Montreal and married this year, he has continued to be accessible, committed, efficient, perceptive, and creative in his work. I wish to convey my personal thanks to both Mokhtar and Heidi, who add sunshine to my work, and are the best and sturdiest of partners.

To close, I am delighted to announce that, despite severe budget cuts at the APA Practice Organization, we not only received a CAPP (Committee for the Advancement of Professional Practice) grant for the second year, but made a successful case to receive even more than last year - \$6000.00 U.S. The grant is designated specifically for Executive Director services and hiring a government relations expert or lobbyist. We are most grateful to APA again this year and look forward to putting the monies to use.

Thank you for the opportunity to serve as your Executive Director and best wishes for a successful year to you all.

Respectfully submitted,

Teresa Sztaba, Ph.D., C. Psych.  
Executive Director

#### **AFFILIATIONS**

AGM 2017

# Treasurer's Report

## Treasurer's Report on Proposed Budget

1. I am pleased to present to the AGM the budget for 2017 as endorsed by the board on December 8, 2016
2. The budget reflects in general terms the actual income and expenditures of 2016, with a few exceptions:
  - a. Income anticipated from Continuing Education activities is now set at a higher level (\$40,000.00) reflecting more closely the amounts realized over the last two years.
  - b. The MPS 50th Anniversary Gala was budgeted again for 2017, with reduced expectations regarding income.
  - c. Cost of Continuing Education activities was increased by a further \$5000, reflecting past experience.
  - d. Additional monies have been set aside to fund electronic conversion of all past MPS documentation.
  - e. Administration costs reflect just over 1/3rd of expenditures, and that is a lesser proportion by comparison to other provincial and state associations. No increase in administrative costs has been budgeted.
  - f. A small profit of \$4460.00 has been budgeted.
3. I am pleased to present to the AGM the budget for 2017 as endorsed by the board and move that it be accepted by those present.

Respectfully prepared and submitted by Leonard J Greenwood Ph.D., C.Psych Acting Treasurer on behalf of Leanne Mak, Ph.D., C. Psych. Treasurer.

## Treasurers Report based on Financial Statements

This report is based upon Financial Statements prepared for the Manitoba Psychological Society for the financial year ending 31 December 2016 by Ellard Schappert of Forrest and Company.

1. As detailed in the Statement of Financial Position (p4); at end of 2016; our Total Liabilities and Equity was \$138,476.00.

- a. That amount included \$24,397.00 in prepaid 2017 Membership Fees,
- b. Which when removed indicated a Net Asset Balance of \$114,079.00.
- c. This reflects an increase from \$90,002, as our Net Income for the year was \$22,161.00.

2. The Net Income of \$22,161.00 stands in contrast to the budgeted deficit of \$1590.00.

3. Primary reasons in the change in the outcome of the 2016 budget rest with reduced expenditures although there were some increases in income (see Statement of Operations, p4).

- a. Continuing Education activities brought in \$15,764 in excess of what was anticipated.
- b. A \$2842.00 in membership fees were received in excess of what was anticipated.
- c. Anticipated expenditures for office rental (\$6000.00) were set aside.
- d. The 2016 budgeted Anniversary Gala was instead held in 2017. The impact of that change on the 2016 budget was negligible as MPS encountered neither the costs nor income connected with that event.

MOTION: I move that this Report be accepted as the MPS 2016 Financial Report of the Acting Treasurer to the March 20, 2017 AGM.

Respectfully submitted by Acting Treasurer Leonard Greenwood Ph.D. C.Psych., on behalf of Treasurer Leanne Mak, Ph.D. C.Psych.

AGM 2017

# Communications & Public Education Report

Dear Members,

During the past year, the American Psychological Association discontinued preparing monthly Press Releases. For 2017, they have restarted this venture that will lead MPS to reach a greater number of media outlets resulting in more interviews by members of our Society.

MPS would like to thank everyone who agreed to do interviews with media during this past year. Any members of MPS interested in doing interviews with media are invited to submit their names, contact information, and areas of expertise to Dr. Kristin Reynolds ([Kristin.Reynolds@Umanitoba.ca](mailto:Kristin.Reynolds@Umanitoba.ca)).

In terms of Public Education, activities this past year have focused primarily on Psychology Month, and developing relationships with organizations in Manitoba for Psychology Month talks. Our dedicated MPS members and other psychology colleagues provided excellent talks for Psychology Month events this February. There were fewer talks this year although attendance was significantly higher with most talks having 20 to 60 attendees.

## Here's how it all shaped up:

6 Talks open to the general public

4 Talks for specific audiences

Psychology Month Posters electronically distributed to hundreds

Thank you to all those who participated in Psychology Month this year by selflessly donating your time to increase public awareness about the role psychology plays in the community. This year's presenters were: Dr. Jim Clark, Dr. Lillian Esses, Dr. Jason Ediger, Dr. Rehman Abdulrehman, Dr. Kristin Reynolds, Dr. Kirsten Worth, Ms. Melanie Muehling, Ms. Kathy Andrew, Dr. Jo Ann Unger, Ms. Nicole Neault and Dr. Ronak Patel. Please check out the full listing of Psychology Month 2017 events on our MPS website.

Respectfully submitted,

Jeffery Harvey, Ph.D., C.Psych.

Public Education and Communications Director

### AFFILIATIONS

AGM 2017

# Membership Report

I am pleased to present the Membership Director's report for 2017 to the Annual General Meeting of the Manitoba Psychological Society. As of March 10, 2017 we have 253 active members, an overall increase of 17 members from the previous year. Of this total number, 185 are Full Members, 6 are Distinguished Life Members, 21 are Affiliate Members and 41 are Student Members. In the past year, 10 psychologists joined as Full Members. Three professionals joined as affiliate members and 10 students joined MPS.

As of January 12, 2017 the MPS Board approved the motion that Distinguished Life Members will no longer be required to pay their yearly membership fee, in recognition for their contributions to our professional community.

We were pleased to award Dr. Robert McIlwraith with this year's Distinguished Life Membership Award at the MPS 50th Anniversary Gala on February 24th, 2017 for his many years of service to the profession of psychology.

Respectfully submitted,

Jo Ann Unger Ph.D. C. Psych.  
MPS Membership Director

## AFFILIATIONS

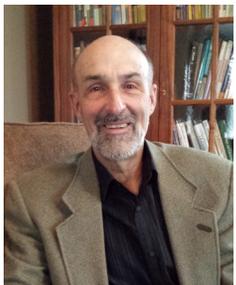
AGM 2017

## Continuing Education Report

In 2016, MPS sponsored two full day workshops: The April 22nd spring workshop Innovations in Clinical Assessment and Treatment of Suicidal Risk by Dr. David Jobes and the November 4th workshop Innovative CBT for Difficult Anxiety Disorders by Dr. David Clark. We are pleased to report positive reviews for both workshops, including the programs, speakers, and venues.



**The April 21, 2016 workshop** featured Dr. David Jobes, ABPP, a Professor of Psychology and Associate Director of Clinical Training at The Catholic University of America and Adjunct Professor of Psychiatry, School of Medicine, at Uniformed Services University of the Health Sciences. The learning objectives of the workshop sought to provide attendees with an enhanced understanding of 1) the evolution of clinical suicidology over the past 50 years; 2) direct and indirect assessments for stratifying suicidal states; 3) evidence-based clinical interventions for effectively treating suicidal risk; and 4) a stepped-care approach to comprehensive suicide-specific treatment. A total of 131 people attended the workshop. This workshop was sponsored in part by the Workers Compensation Board of Manitoba and Manitoba Blue Cross.



**The November 4, 2016 workshop** featured Dr. David Clark, Professor Emeritus with the Department of Psychology, University of New Brunswick, where he served as the Director of the Clinical Psychology Training Program for over a decade. Upon completion of the workshop addressing the problem of failed or, at best, minimal response to CBT in the anxiety disorders, attendees had knowledge of how to: to (a) address poor treatment response in order to prevent discontinuation, (b) incorporate resistance issues into case formulation and goal setting, (c) tailor psychoeducation to increase “buy-in” of reluctant clients, (d) modify cognitive and behavioral strategies that target emotional reasoning, distress intolerance, and homework noncompliance, (e) treat excessive mental control effort, and (f) modify excessive fear of losing control. A total of 100 people attended the workshop.

# Looking Ahead

Dr. John Briere, an Associate Professor of Psychiatry and Psychology at the University of Southern California, and recipient of the Award for Outstanding Contributions to the Science of Trauma Psychology from the American Psychological Association, will be providing a full-day workshop on April 21, 2017. The workshop, titled The Pain Paradox: Mindfulness / Compassion-Based Approaches for Complex Trauma will be held from 8:00 AM to 4:30 PM at the Canad Inns Polo Park. Brochures and registration information are available on-line at [www.mps.ca](http://www.mps.ca)



Respectfully submitted,

Lesley Ritchie, Ph.D., C. Psych.  
Director of Continuing Education

## AFFILIATIONS

# Proposed Board Slate 2017-2018

## Continuing

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