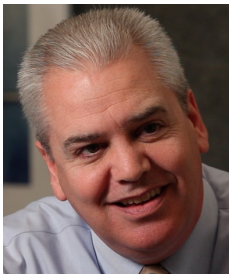


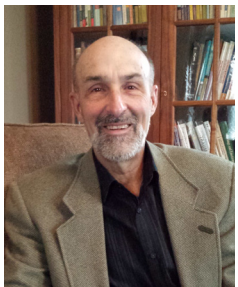
AGM 2017

Continuing Education Report

In 2016, MPS sponsored two full day workshops: The April 22nd spring workshop Innovations in Clinical Assessment and Treatment of Suicidal Risk by Dr. David Jobes and the November 4th workshop Innovative CBT for Difficult Anxiety Disorders by Dr. David Clark. We are pleased to report positive reviews for both workshops, including the programs, speakers, and venues.



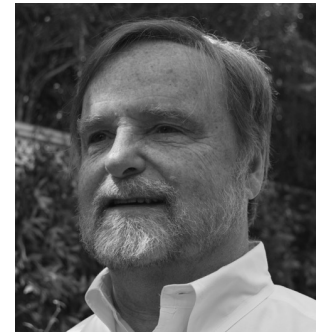
The April 21, 2016 workshop featured Dr. David Jobes, ABPP, a Professor of Psychology and Associate Director of Clinical Training at The Catholic University of America and Adjunct Professor of Psychiatry, School of Medicine, at Uniformed Services University of the Health Sciences. The learning objectives of the workshop sought to provide attendees with an enhanced understanding of 1) the evolution of clinical suicidology over the past 50 years; 2) direct and indirect assessments for stratifying suicidal states; 3) evidence-based clinical interventions for effectively treating suicidal risk; and 4) a stepped-care approach to comprehensive suicide-specific treatment. A total of 131 people attended the workshop. This workshop was sponsored in part by the Workers Compensation Board of Manitoba and Manitoba Blue Cross.



The November 4, 2016 workshop featured Dr. David Clark, Professor Emeritus with the Department of Psychology, University of New Brunswick, where he served as the Director of the Clinical Psychology Training Program for over a decade. Upon completion of the workshop addressing the problem of failed or, at best, minimal response to CBT in the anxiety disorders, attendees had knowledge of how to: to (a) address poor treatment response in order to prevent discontinuation, (b) incorporate resistance issues into case formulation and goal setting, (c) tailor psychoeducation to increase “buy-in” of reluctant clients, (d) modify cognitive and behavioral strategies that target emotional reasoning, distress intolerance, and homework noncompliance, (e) treat excessive mental control effort, and (f) modify excessive fear of losing control. A total of 100 people attended the workshop.

Looking Ahead

Dr. John Briere, an Associate Professor of Psychiatry and Psychology at the University of Southern California, and recipient of the Award for Outstanding Contributions to the Science of Trauma Psychology from the American Psychological Association, will be providing a full-day workshop on April 21, 2017. The workshop, titled The Pain Paradox: Mindfulness / Compassion-Based Approaches for Complex Trauma will be held from 8:00 AM to 4:30 PM at the Canad Inns Polo Park. Brochures and registration information are available on-line at www.mps.ca



Respectfully submitted,

Lesley Ritchie, Ph.D., C. Psych.
Director of Continuing Education

AFFILIATIONS