

FEBRUARY IS PSYCHOLOGY MONTH

“Psychology is for everyone”

Free Talks open to the General Public				
Date	Time	Title	Presenter	Location
Mon. Feb. 3	7:00– 8:30 pm	Get Your Child to go to Sleep and Stay Asleep	Dr. Kirsten Wirth	McNally Robinson Community Classroom
Wed. Feb. 5	12:30 – 1:30 pm	Psychology and the Universality of Science	Dr. Jim Clark	University of Winnipeg Room 4L28 (4 th Floor Lockhart)
Thurs. Feb. 6	7:00– 8:30 pm	Psych up your Social Life: Using the Science of Interpersonal Connection to Improve your Health, Work, and Relationships	Dr. Kelley Robinson	Millennium Library Buchwald Room
Tues. Feb. 11	7:00- 8:30 pm	Kids and Money: Raising Financially Competent Children	Dr. Moira Somers, Financial Psychology Expert	Rady Centre 123 Doncaster Street Pre-register at hwtuck1@mymts.net
Wed. Feb. 12	12:30 – 1:30 pm	Self-Compassion and Well-Being	Dr. Michael McIntyre	University of Winnipeg Room 4L28 (4 th Floor Lockhart)
Tues. Feb. 18	7:00– 8:30 pm	How Your Mind Affects Your Heart and What You Can Do About It!	Dr. George Kaoukis Director, Cardiac Psychology Service of the WRHA	The Reh-Fit Centre 1390 Taylor Avenue Pre-register at 204-488-8023
Tues. Feb. 18	12:00– 1:00 pm & 7:00– 8:00 pm	Coping with Managing Challenging Behaviours	Dr. Leslie Thorne Ms. J. Thorsteinsson Ms. Lilian Saltel Mr. Chris Villing Dr. James Ediger	East Dining Room St. Amant 440 River Road
Wed. Feb. 19	7:00 – 8:30 pm	Divorce: More than Surviving it . . . Thriving	Dr. Alicia Ordonez, Dr. Jo Ann Unger, Ms. Claire Milgrom	McNally Robinson Community Classroom
Thurs. Feb. 20	2:30 – 4:00 pm	My Child Needs a Psychological Assessment: What does that mean?	Dr. Alicia Ordonez, Ms. Claire Milgrom	New Directions Parenting Centre 321 McDermot Avenue
Sunday Feb. 23	12:15– 1:15 pm	Memory and Aging: What’s Normal, What’s Not?	Dr. Colleen Millikin	First Unitarian Universalist Church 603 Wellington Crescent
Mon. Feb. 24	10:00- 11:00 am	Baby Talk: How, when and what your baby learns about language (and why maternal speech is so important)	Dr. Melanie Soderstrom	The Birth Centre 603 St. Mary’s Road Pre-register at: M.Soderstrom@umanitoba.ca
Wed. Feb. 26	12:30 – 1:30 pm	Values and Traits Associated with Frequent Texting	Dr. Lisa Sinclair	University of Winnipeg Room 4L28 (4 th Floor Lockhart)