

Promoting self-recovery from cannabis misuse with brief motivational interventions.

Friday, May 24, 2019
Early-Bird Deadline: May 10, 2019

Hilton Winnipeg Airport Suites
(1800 Wellington Ave.)

Presenter



David C. Hodgins, Ph.D., is a professor in the Program in Clinical Psychology in the Department of Psychology, University of Calgary and a coordinator with the Alberta Gaming Research Institute. He is registered as a Clinical Psychologist in Alberta. His research interests focus on various aspects of

addictive behaviours including relapse and recovery from substance abuse and gambling disorders. He has conducted a number of randomized clinical trials of both brief and more traditional addiction treatment models. He is director of the Addictive Behaviours Lab at the University of Calgary and maintains a private practice in Calgary in addition to providing consultation to a number of organizations internationally. Dr. Hodgins co-chairs the Scientific Working Group of the National Low Risk Gambling Guidelines development project.

Learning Objectives

- Participants will learn about natural recovery processes from cannabis use disorder and other addictions.
- Participants will understand the brief intervention models developed for addictions.
- Participants will learn the philosophy and principles of the motivational interviewing approach
- Participants will learn basic motivational interviewing techniques.
- Participants will explore how motivational techniques can be integrated into their treatment interventions.

Program Schedule

- 8:00 - Registration & Breakfast
- 9:00 - Workshop begins
- 10:30 - Break
- 12:00 - Luncheon (served on-site)
- 13:00 - Workshop continues
- 14:30 - Break
- 16:00 - Concluding remarks

Information & Registration:
www.mps.ca/spring19